



the brave woman **MANIFESTO**

Brave girl, I see you.

I see you staring in the mirror, wondering if you're enough. Hoping you have the strength to make it past another mountain... or two. You question your ability to handle life's hardships, but still you show up. Every. Single. Day. You take a deep breath, then rise from the ashes and choose to stand tall when life crashes down. If you glance to your right, you'll see me standing there beside you. We are in this thing together, as true sisters and friends. We link our arms in love and step forward towards the storm. We may not know what's coming, but we'll see each other through.

Sister, I feel you. You may not feel brave. Your spirit may feel small and weak, like everything is lost. But our emotions do not have permission to dictate what is true. God understands us fully, and He knows just who we are. He recognizes our struggles, and He sees our inner pain. But He also looks beyond the horizon and knows our callings too. So, let's believe His mighty Word and claim what's rightfully ours. When life gets downright hard, this bold declaration is for you.

Braving it together,

Becky

cont.



BeckyBeresford.com



the brave woman **MANIFESTO**

Five things you need to tell yourself when life gets hard

I AM LOVED JUST AS I AM.

You don't need to be more. You don't need to do more in order to gain God's favor and care. He's already crazy about you. He's done everything for you. Before you took your first breath, God chose you as His own. Before your heart beat for the first time, His heart longed for you. You don't have to earn your significance. You are loved because you are His. You are valuable because you are His. Everything about your personhood brings Him joy because part of Him exists in you. You are a glorious bearer of His holy image. You are His precious treasure, and nothing can change the certainty of your worth. When harsh circumstances arise or others try to tear you down (including yourself!), pick your head up and sit a little taller. Look life in the eye and smile because you are God's favored Daughter. Beloved and beautiful just as you are.

THE STORY ISN'T OVER YET.

If the ending isn't what you thought it would be, that means it's not the end. God swears to make all things right. He promises justice and judgment upon every evil that has ever lingered on this planet. He promises to wipe away every tear and hold our hearts close to His love. We may not see what it looks like this side of heaven, and it's ok to feel frustrated while we wait. Everyone wants to see beauty rise from the ashes, and God will show us glimpses of His glory in the midst of our pain. But we also have a sacred guarantee of God's faithfulness. He cannot NOT fulfill what He has promised. God's plan is the final verdict, and He declares that all things will be made new. Full redemption and restoration are coming. And our endings will be more miraculous than anything we could ever have imagined.

cont.



the brave woman MANIFESTO

I WILL NOT BE SHAKEN.

Even when everything around you is cascading down, you will not crumble. We women are deep feelers, and sometimes it's hard to hold on to hope when life gets rocky. But remember, Brave One, God is your protective fortress. All of heaven's armies are on your side. You are covered. You are a truth-slinging warrior and a fierce-hearted fighter. Plus, you know something the enemy doesn't... You fight from victory not for it. You are more than a conqueror because God has already won the war. You stand in the power of God's might and what He has done at the Cross. This battle is not yours to wage, but the victory is yours to claim! That should feel like weights falling off. That should sound like chains coming undone. All you need to do is turn towards your Savior, the One who does the impossible every day. He parts our seas, moves our mountains and brings the dead to life. Trust me, girl, He is going to come through for you. You will not fall. You will stand in triumph because He stands firmly for you.

I AM GOING TO CHANGE THE WORLD.

You are in no way insignificant. You matter. Your story is woven into the fabric of God's good plan, and you can bet your last sip of coveted coffee you have a role to play. Don't underestimate yourself, lady! Don't put yourself in this safe little box and undervalue your impact on this planet. You are doing BIG things. You may be doing unnoticed things, but all you are doing is important. You are growing and changing and looking more like your Creator every day. And when we bring the light of Jesus into dark places, lives get rocked. Healing happens. Love conquers all. You are a part of this! Every day, in large ways and small, you are bringing the gospel into people's lives. Everywhere you go, there's a chance to show others what your God is like. When they encounter the real beauty of Jesus, they will never be the same. And the ripple effects of His love will create a divine revolution that will transform the world. You, my daring friend, are a game changer.

cont.



the brave woman **MANIFESTO**

I CAN DO ALL THINGS THROUGH JESUS.

You can do hard things. Easy things. In-betweeny things. Everything is possible with God because nothing is impossible with Him. He is for you and with you and in you. With God on your side, you will prevail. It's true. If He wills it, it will happen. So, instead of striving to do life's heavy lifting on your own, maybe you should open your hands and let your Creator carry the load. He wants to use us, but He wants us to use His strength. He wants His Daughters to rise up and recognize the incredible power of the resurrection. This power can cast out fear, overcome darkness, transform minds, and uplift hearts. And it's all harnessed within our being. The Holy Spirit is our constant companion, and He is constantly moving. He will make a way through any storm. He will help you in times of need. Together, with heaven's forces on your side, you can crush anything. Bring God's kingdom down, girl. You were born for this.

I pray your heart feels liberated and your spirit feels lighter.

THIS IS OUR SACRED TRUTH.

THIS IS OUR BRAVE WOMAN MANIFESTO.